

Musculoskeletal Central Rapid Assessment Centres

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Partners:



Patient Guide to the Musculoskeletal Central Rapid Assessment Centre for Hip and Knee

Fully covered by OHIP



What is the Musculoskeletal Central Rapid Assessment Centre?

Musculoskeletal Rapid Assessment Centres help people with hip and knee pain get timely access to treatment and specialized care.

The centres use a coordinated intake and triage process to reduce wait times and get patients access to the right education and treatment options. These could include referrals to an orthopaedic surgeon or physiotherapy.

Hip and knee assessments are available at MSK Rapid Assessment Centre locations in Windsor, Chatham, and Sarnia. You will be booked for an assessment at the location closest to your home, or you may choose the first available assessment at any of the locations.

Who is the program for?

We see patients with moderate to severe osteoarthritis and other inflammatory conditions, who may be considering hip or knee replacement surgery. Patients must be referred by a doctor or nurse practitioner.

Who will do my assessment?

- An advanced practice provider, such as a physiotherapist
- If needed, a consultation appointment will be made for you with an orthopaedic surgeon



What will happen at my assessment?

The advanced practice provider will:

- Review your medical history
- Ask you questions about your health
- Ask you to complete tests to see how well you can move and what causes your pain
- Discuss treatment options with you and come up with a plan to help you. This may include surgery as well as other non-surgical treatment options

How long is the assessment?

The assessment will take approximately one hour.

What do I need to bring?

- Your health card
- Comfortable shoes and loose-fitting clothes
- All forms that we ask you to fill out
- A CD or film x-ray of your affected joint
- A friend or family member, if you want, who can also listen to the information

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